

## Erasmus Policy statement (EPS) – The Poznan University of Physical Education strategy

Your Erasmus Policy Statement should reflect how you intended to implement Erasmus after the award of the ECHE.

The participation of the University in the new edition of the programme is necessary for the functioning in the contemporary education and science market. The continued participation of the University in the Erasmus+ Programme (2021-27 edition) will certainly be reflected in the maximisation of the effectiveness of the education process at the University, will contribute to the increase in the competences of the teaching and administration staff, enforce the need of continuous improvement of their professional qualifications, further development of new technologies in the student-teacher communication, and the development of partnership strategies through creation of university consortia, among other things. The results of the previous edition of the programme will make it possible to implement further structural reforms of the University, develop research initiatives, develop skills of team work in international setting and various project management skills, promote independent and critical thinking and build the ability to respond to new challenges. An increased internationalisation of teaching through an increase in the number of exchange students and staff involved in the carrying out of the project will allow for a better integration of international students and staff, will form a basis for an exchange of experience in diverse education systems, will make it possible to develop competences in the international labour market and will also enforce the need of a more extensive application of multimedia technologies. The digitalisation at the University must meet the challenges of the 21<sup>st</sup> century through: development of students' entrepreneurship and creativity, application of innovative information and communication technologies in the teaching process, and teaching students an efficient use of these technologies. Wherever an Internet connection is available, courses can be attended to extend the knowledge and acquire new skills. This will be translated into decreasing areas of social exclusion, will improve adaptation abilities of the University students and staff, will allow for remote teaching at all levels. Therefore, the promotion of digital tools for the management of mobility at the University in the future edition of the programme is so important.

New forms of technology to support traditional academic teaching process will make it possible to increase student involvement in the learning process, which in turn will allow for a more effective acquisition of competences necessary in student's professional career. The University aims to intensify its activities in the area of the very successful student and staff mobility, but also plans to focus in the new edition of the programme on the development of co-operation between higher education institutions with an emphasis on exchange of practice and innovation. The new edition of the programme will allow the University to open wider to the environment it functions in (potential students, employers, local government and central government institutions), to develop digital competences, to develop new interpersonal skills and competences, to teach an active civic attitude, entrepreneurship and cultural awareness. Increasing the role of the University in the region will be achieved through co-operation in carrying out research and new projects in the area of physical culture and health sciences. Training, voluntary work, internships for students in foreign companies and institutions will be a form of increasing the prestige of the University in the community. Co-operation with specialists/practitioners in a given area in the teaching process will make it possible for students to get to know the reality of the labour market in the region and abroad in the course of their education. Further development of co-operation with other higher education institutions with the similar profile will make it possible to become familiar with the methodology of classes in other partner institutions and adapting them in the home institution. This will facilitate the export or import of individual study programmes, allow for more extensive use of blended mobility, in particular of adult students, which may be translated into creating university consortia in future. All these activities aim to develop key competences in the lifelong learning process (continuing education and study by independent problem solving, self-study, flexible response to changes in the labour market, individual course of studies for most talented students, assistance in career planning of students through professional, psychological and social support), acquisition

and development of digital skills, building common values and education for a widely-defined integration. These are the foundations for building the common education area.

The Erasmus actions which will be implemented in practice at the Poznan University of Physical Education.

The main benefit of the participation of the University in the new edition of the Erasmus+ Programme will be a further increase in the quality of education, which will however require constant monitoring and assessment of the quality of teaching processes at the University. This may be achieved through: increasing the level of knowledge of the candidates (e.g. by organising specialist courses for candidates), extending the internal system of assurance of high quality of education (periodic assessment of achievements of the teaching staff), obtaining domestic and foreign accreditations. The primary objective will still be the development of student and staff mobility within the framework of bilateral agreements, winning new partners, negotiating terms and conditions of exchange and organisation of mobility visits. Further development of language competence of students and staff is planned through organisation of various language courses, preparation of modular mode of classes in a foreign language. Considering the need to meet the growing challenges related to internationalisation, the University has undertaken actions in the current edition of the programme leading to obtaining funds to extend the existing teaching and sport facilities. These actions will be continued also in the new edition of the programme. Introduction of new technologies to support traditional academic teaching will allow for an increased involvement of students in the teaching process, will contribute to a more effective acquisition of competences necessary in professional career. The University will focus on providing possibilities of carrying out part of the studies and training abroad and recognition of the qualifications acquired abroad as part of the mobility, both the formal and informal ones (various forms of voluntary work). Long-term professional traineeships abroad have a greater added value for students in terms of development of the skills adequate for a given workplace and even better knowledge of the foreign language, culture and work environment, which increases their employability.

The University will strive to develop and propagate Action 2 (KA2) due to great opportunities offered by it to the University. Projects involving co-operation of the University with other institutions from various countries on a common subject can increase the University's potential for international co-operation, acquisition of knowledge and skills and lead to improved quality of education. These initiatives support and promote values related to tolerance and social inclusion, and will allow for obtaining funds for the organisation of joint activities and financial support for students participating in the project. Financial assistance for the students may be an incentive for its potential participants as well as for the higher education institutions jointly carrying out such a project.

The envisaged impact of our participation in the Erasmus+ Programme on University?

Carrying out the project of student mobility, research and teaching staff and administration staff mobility will be an important stimulus for further development of our University, intensifying the actions to strengthen its brand. The participation in the new edition of the Erasmus+ Programme will practically translate into student and staff mobility, international dimension of study programmes, positive and effective attitude to learning foreign languages, an opportunity to increase study flexibility, application of innovative information and communication technologies in the education process and teaching students the skills to use these technologies effectively, introduction and promotion of blended mobility, entering into co-operation with foreign higher education institutions in order to create study programmes leading to obtaining double diplomas, attracting academic teachers and other partner institution employees from abroad to come over in order to carry out classes for students of our University and joint research with the University staff. Student mobility will result in improvement of foreign language communication skills, will lead to the development of professional competences and increasing the ability to work in a culturally diverse environment, will awaken new inter-cultural awareness and lead to understanding various interests, beliefs and opinions. Of course the carrying out of these plans is a long-term objective and will be spread for a number of years of the new project until 2027. The results of the project will be verified using appropriate indicators:

1. qualitative indicators (e.g. the number of module subjects offered in a foreign language). We should strive to maintain the study internationalisation indicator, both for incoming and outgoing students, compared to the previous academic year. The analysis of the data from each academic year will make it possible to establish the trend and adjust the necessary actions, if needed.
2. quantitative indicators: the analysis of the data from surveys carried out by the Office of International Relations, the analysis of the results of the "Tracer study of graduates of Poznan University of Physical Education" which includes also the participation in the Erasmus+ Programme.

Actions carried out in throughout the academic year:

1. promotional activities: meetings, webinars, maintaining the website of the Office of International Relations,
2. actions preparing the participants of Poznan University of Physical Education to mobility: language courses,
3. administration and organisation work related to mobility,
4. co-operation with academic teachers,
5. organisation of the visits of incoming students, actions integrating the group of foreign students and integration with the community of University students, planning activities increasing the awareness of cultural diversity, learning about the Polish culture and language,
6. reintegration of the University students after their return from the exchange programme,
7. evaluation of the actions undertaken throughout the academic year.